



Allan Swain Health & Fitness Ltd

allanswain@hotmail.co.uk

Tel: 07751 816809

Neston Primary School

KS1 Tag Rugby After School Club: Wednesdays 3.15pm – 4.15pm

Dear Parents / Carers

Tag rugby is a non-contact, fast-moving game that is suitable for boys and girls to play together.

In Tag Rugby sessions at Neston children will:

- experience a positive, enjoyable and safe rugby experience
- develop ball-handling skills, coordination and balance
- improve general fitness
- learn respect and fair play
- have lots of fun!

I am an RFU Level 1 Coach and have been coaching rugby for 6 years at Corsham Rugby Club and in schools. I am CRB checked and fully insured.

The dates for the next term's Tag Rugby are 15th January, 22nd January, 29th January, 5th February, 12th February, 26th February, 5th March, 12th March, 19th March, 26th March.

Tag Rugby sessions cost £4.00 per session which is £40 for a term (10 weeks).

If your child would like to join the Tag Rugby After School Club please complete the slip below and return it with payment to the school office (cash or cheque). Please make cheques payable to **Allan Swain Health & Fitness Ltd**. Please note that numbers for this popular club are limited.

If you have any questions please call or text me on 07751 816809.

Yours sincerely

Allan Swain

Parental/Guardian Consent Form for Tag Rugby After School Club: Wednesdays 3.15pm – 4.15pm

I agree to (child's name) _____ attending the Tag Rugby After School Club on Fridays in Terms 3 and 4.

Year _____ Relevant health concerns _____

I enclose cash/cheque for £40.00 (cheques payable to **Allan Swain Health & Fitness Ltd**)

Signature (Parent / Carer) _____

Mobile number _____ Email _____