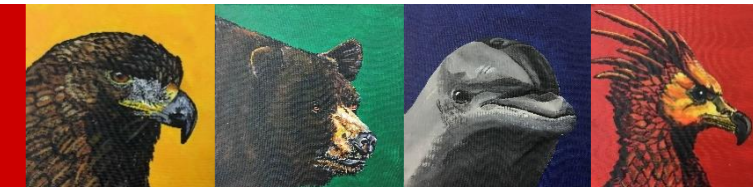




Neston Primary School – PE: Curriculum Map



		Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
EYFS		Locomotion: Walking 1 Complete PE – 6 lessons	Ball Skills: Hands 1 Complete PE – 6 lessons	Gymnastics: High, Low, Over, Under Complete PE – 6 lessons	Dance: Nursery Rhymes Complete PE – 6 lessons	Ball Skills: Feet Complete PE – 6 lessons	Attack v Defence: Games For Understanding Complete PE – 6 lessons
Year 1		Team building Complete PE – 6 lessons Locomotion (Jumping) Complete PE – 6 lessons	Gymnastics (Wide, narrow curled) Complete PE – 6 lessons Dance Growing or The Zoo Complete PE or link to other curriculum unit	Gymnastics (Body Parts) Complete PE – 6 lessons Locomotion (Running) Complete PE – 6 lessons	Ball skills (Feet) Complete PE – 6 lessons Dance Growing or The Zoo Complete PE or link to other curriculum unit	Ball skills (Hands 1) Complete PE – 6 lessons Athletics Prepare and practise for School Games Day with a focus on personal challenge	Ball skills (Hand 2) Complete PE – 6 lessons Games For Understanding : Attack v Defence Complete PE – 6 lessons
Year 2		Team building Complete PE – 6 lessons Locomotion (Jumping) Complete PE – 6 lessons	Gymnastics (Pathways) Complete PE – 6 lessons Dance Explorers or Water Complete PE or link to other curriculum unit	Gymnastics (Linking) Complete PE – 6 lessons Ball skills (Feet) Complete PE – 6 lessons	Ball skills (Hand 2) Complete PE – 6 lessons Dance Explorers or Water Complete PE or link to other curriculum unit	Games (Tennis) Use Lessons 1-6 of LTA planning Games School Games Day Prepare and practise with a focus on personal challenge	Games For Understanding: Attack v Defence Complete PE – 6 lessons
Year 3	In2Sport	Outdoor Adventure Activities: Communication & Tactics Complete PE – 6 lessons	Games: Invasion: Football In2Sport planning (Intra-KS2 football competition)	Dance In2Sport planning	Gymnastics In2Sport planning	Athletics In2Sport planning	Games: Striking and fielding: Rounders or Archery In2Sport planning
	Class teacher	Outdoor Adventure Activities: Problem Solving Complete PE – 6 lessons (Level 2 Cross Country)	Dance Complete PE or link to other curriculum unit	Games: Invasion: Tag Rugby Complete PE – 6 lessons	Games: Net/wall: Tennis Use Complete PE planning (Intra-KS2 tag rugby Competition)	Games: Striking and fielding: Cricket Chance to Shine LKS2 unit Sessions 1-4 https://teachers.chancetoshine.org/s/ /Resources/Play/Play KS2 Lower School Games Day Prepare and practise with a focus on personal challenge	Games: Invasion: Handball Use Complete PE planning (Level 2 cricket competition and intra-KS2 cricket competition)
Year 4	In2Sport	Outdoor Adventure Activities: Communication & Tactics Complete PE – 6 lessons	Games: Invasion: Netball In2Sport unit	Dance In2Sport unit	Gymnastics In2Sport unit	Athletics In2Sport unit	Games: Striking and fielding: Rounders or Archery In2Sport planning (Level 2 Rounders)

Year 5	Class teacher	Outdoor Adventure Activities: Problem Solving Complete PE – 6 lessons (Level 2 Cross Country and Golf Festival)	Games: Invasion: Football In2Sport unit (Intra-KS2 football competition)	Games: Invasion: Tag Rugby Complete PE – 6 lessons	Games: Net/wall: Tennis Use Lessons 7-12 of LTA planning https://lta-tennis.force.com/schools/s/PE Lesson Plans (Intra-KS2 tag rugby Competition)	Games: Striking and fielding: Cricket Chance to Shine LKS2 unit Sessions 5-8 https://teachers.chancetoshine.org/s/Resources/Play/Play KS2 Lower School Games Day Practise Prepare and practise with a focus on personal challenge (Level 2 Tennis Festival)	Games: Invasion: Handball Complete PE – 6 lessons (Level 2 cricket competition and intra-KS2 cricket competition)
	Up and Under	Games: Invasion: Hockey Up and Under unit	Games: Invasion: Football Up and Under unit (Intra-KS2 football competition)	Games: Invasion: Tag Rugby Up and Under unit (Intra-KS2 tag rugby Competition)	Athletics Up and Under unit Including setting personal challenge in 75m, 600m, standing long jump or throw	Games: Invasion: Lacrosse Up and Under unit	Games: Invasion: Handball Up and Under unit (Level 2 Handball)
Year 5	Class teacher	Outdoor Adventure Activities: Orienteering Complete PE – 6 lessons (Level 2 Cross Country and Football)	Health Related Exercise Complete PE – 6 lessons (Level 2 mixed football)	Gymnastics: Counter Balance & Counter Tension Complete PE – 6 lessons (Level 2 mixed football)	Dance The Circus from Complete PE or link to other curriculum unit (Intra-KS2 Tag Rugby)	Games: Striking and fielding: Cricket Chance to Shine UKS2 unit Sessions 1-3 https://teachers.chancetoshine.org/s/Resources/Play/Play KS2 Lower School Games Day Practise Prepare and practise with a focus on personal challenge	Games: Net/wall: Tennis Use Lessons 13-18 of LTA planning https://lta-tennis.force.com/schools/s/PE Lesson Plans (Intra-KS2 cricket competition)
	Up and Under	Games: Invasion: Hockey Up and Under unit	Games: Invasion: Football Up and Under unit (Intra-KS2 football competition)	Gymnastics: Matching & Mirroring Up and Under unit	Athletics Up and Under unit Including setting personal challenge in 75m, 600m, standing long jump or throw	Games: Invasion: Lacrosse Up and Under unit (Level 2 Athletics, Tennis, Lacrosse and Cricket)	Games: Invasion: Handball Up and Under unit (Level 2 Handball)
Year 6	Class teacher	Swimming (Level 2 Golf Festival, Cross Country, Football and Orienteering)	Swimming (Level 2 Netball and Mixed Football)	Games: Invasion: Netball Complete PE – 6 lessons (Level 2 Hockey and Swimming Gala)	Dance Titanic from Complete PE or link to other curriculum unit (Level 2 and Intra-KS2 Tag Rugby)	Games: Striking and fielding: Cricket Chance to Shine UKS2 unit Sessions 4-6 https://teachers.chancetoshine.org/s/Resources/Play/Play KS2 Lower School Games Day Practise Prepare and practise with a focus on personal challenge	Outdoor Adventure Activities: Orienteering Complete PE – 6 lessons (Intra-KS2 cricket competition)
	Up and Under	Games: Invasion: Hockey Up and Under unit	Games: Invasion: Football Up and Under unit (Intra-KS2 football competition)	Gymnastics: Matching & Mirroring Up and Under unit	Athletics Up and Under unit Including setting personal challenge in 75m, 600m, standing long jump or throw	Games: Invasion: Lacrosse Up and Under unit (Level 2 Athletics, Tennis, Lacrosse and Cricket)	Games: Invasion: Handball Up and Under unit (Level 2 Handball)

NC 2014 Subject content KS1

Pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.

Pupils should be taught to:

master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities
participate in team games, developing simple tactics for attacking and defending
perform dances using simple movement patterns.

NC 2014 Subject content KS2

Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

Pupils should be taught to:

- use running, jumping, throwing and catching in isolation and in combination
- play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending
- develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]
- perform dances using a range of movement patterns
- take part in outdoor and adventurous activity challenges both individually and within a team
- compare their performances with previous ones and demonstrate improvement to achieve their personal best.