

# WEEK 3

W/C: 13/11, 04/12, 01/01, 22/01, 19/02, 11/03

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	<b>Cheese and Tomato Pizza</b> 🍕 Served with Potato Wedges	<b>Beef Lasagne</b> 🍷 Served with Garlic and Herb Bread	<b>Roast Turkey</b> Served with Roast Potatoes and Gravy	<b>Sausage and Mash</b> Served with Gravy	<b>Breaded Fish Fingers</b> Served with Chips
	<b>Chilli No Carne with Crispy Tortilla</b> 🌶️ 🍷 Served with Wholegrain Rice	<b>Cauliflower Macaroni Cheese</b> 🍷 🍷 Served with Garlic and Herb Bread	<b>Sweet Potato and Chickpea Roast</b> 🍷 Served with Roast Potatoes and Gravy	<b>Sweet and Sour Vegetables</b> 🍷 Served with Wholegrain Rice	<b>Crispy Quorn Nuggets</b> 🍷 Served with Chips
JACKET POTATO	<b>Jacket Potatoes</b> 🍷 🍷 with a choice of hot and cold fillings	<b>Jacket Potatoes</b> 🍷 🍷 with a choice of hot and cold fillings	<b>Jacket Potatoes</b> 🍷 🍷 with a choice of hot and cold fillings	<b>Jacket Potatoes</b> 🍷 🍷 with a choice of hot and cold fillings	<b>Jacket Potatoes</b> 🍷 🍷 with a choice of hot and cold fillings
All main meals are served with two vegetables					
DESSERT	<b>Strawberry Frozen Yoghurt</b>	<b>Pineapple Upside Down Cake</b>	<b>Banana Cake</b> 🍌	<b>Magic Apple and Cinnamon Bake</b> 🍏	<b>Strawberry Jelly</b>

# THREE WEEK MENU

AUTUMN/WINTER 2023

OUR NEW MENU  
CHOSEN BY  
PARENTS AND  
CHILDREN

YOUR  
FAVOURITES  
AVAILABLE  
EVERY DAY



Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

# WEEK 1

W/C: 30/10, 20/11, 11/12, 08/01, 29/01, 26/02, 18/03

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	<b>Cheese and Tomato Pizza</b> 🍕 Served with Potato Wedges	<b>Classic Beef Burger</b> Served with Potato Wedges	<b>Roast Turkey</b> Served with Roast Potatoes and Gravy	<b>Beef Bolognese</b> 🍖 Served with Wholewheat Pasta and Garlic and Herb Bread	<b>Breaded Fish Fingers</b> Served with Chips
	<b>Vegetable Korma</b> 🥬🍌🍌 Served with Wholegrain Rice	<b>Vegetarian Burger</b> 🍌 Served with Potato Wedges	<b>Vegetarian Pastry Roll</b> 🍌 Served with Roast Potatoes and Gravy	<b>Vegetarian Bolognese</b> 🍌🍌 Served with Wholewheat Pasta and Garlic and Herb Bread	<b>Crispy Quorn Nuggets</b> 🍌 Served with Chips
JACKET POTATO	<b>Jacket Potatoes</b> 🍌🍌 with a choice of hot and cold fillings	<b>Jacket Potatoes</b> 🍌🍌 with a choice of hot and cold fillings, including Salmon Mayonnaise 🐟	<b>Jacket Potatoes</b> 🍌🍌 with a choice of hot and cold fillings	<b>Jacket Potatoes</b> 🍌🍌 with a choice of hot and cold fillings	<b>Jacket Potatoes</b> 🍌🍌 with a choice of hot and cold fillings
All main meals are served with two vegetables					
DESSERT	<b>Vanilla Ice Cream</b>	<b>Crispy Crackle Bar with Fruit</b> 🍌	<b>Banana Cake</b> 🍌	<b>Original Flapjack</b>	<b>Beetroot Brownie</b>

# WEEK 2

W/C: 06/11, 27/11, 18/12, 15/01, 05/02, 04/03, 25/03

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	<b>Cheese and Tomato Pizza</b> 🍕 Served with Potato Wedges	<b>Turkey Con Chili</b> 🍖 Served with Wholegrain Rice	<b>Roast Pork</b> Served with Roast Potatoes and Gravy	<b>Sausage Pasta Bake</b> 🍌 Served with Garlic and Herb Bread	<b>Breaded Fish Fingers</b> Served with Chips
	<b>Sweet Potato Curry</b> 🍌🍌 Served with Wholegrain Rice	<b>Macaroni Cheese</b> 🍌	<b>Cheesy Leek and Carrot Crumble</b> 🍌🍌 Served with Roast Potatoes and Gravy	<b>Vegetarian Sausage Pasta Bake</b> 🍌🍌 Served with Garlic and Herb Bread	<b>Crispy Quorn Nuggets</b> 🍌 Served with Chips
JACKET POTATO	<b>Jacket Potatoes</b> 🍌🍌 with a choice of hot and cold fillings	<b>Jacket Potatoes</b> 🍌🍌 with a choice of hot and cold fillings	<b>Jacket Potatoes</b> 🍌🍌 with a choice of hot and cold fillings	<b>Jacket Potatoes</b> 🍌🍌 with a choice of hot and cold fillings	<b>Jacket Potatoes</b> 🍌🍌 with a choice of hot and cold fillings
All main meals are served with two vegetables					
DESSERT	<b>Apple Crumble with Custard</b> 🍌	<b>Crunchy Chocolate Biscuit</b>	<b>Chocolate and Vanilla Marble Cake</b>	<b>Carrot Cake</b> 🍌	<b>Strawberry Ice Cream</b>

## AVAILABLE EVERY DAY

Water, salad, freshly baked bread, yoghurt & fresh fruit

🍌 Vegetarian 🐟 Oily Fish 🍌 Wholegrain 🍌 Fruity! 🍌 Nutritionist's Choice